COVE APPLE CLUB

February 9th, 2010

TONIGHT'S TOPICS

- Bento Personal Database Program from FileMaker
- The $39 Apple Tablet
- The Flap over Flash on the iPad
- Software Find of the Week

FEBRUARY 24
MEETING NOTE

Meet at 7:00 pm

HERE in the GAME ROOM

Cove Apple Club – Join the Mailing List

http://coveappleclub.com/list.html

Google

Cove Apple Club

Have fun & do more with your Mac!

Join The Cove Apple Club Mailing List

** indicates required*

Email Address *

First Name

Last Name

Subscribe

- Cove Apple Club
- Meeting Schedule
- Past Meeting Archives
- Join the Mailing List
- Contact Us

© 2009–2010 | Cove Apple Club | All Rights Reserved

BENTO

Bento 3

A Light Weight DataBase Application for the Mac

Introduction to Bento 3

- Introduction Only, No Demo
- I'm new to Bento and like it so far
- I'm using the Free 30-Day Trial Version
- I plan to purchase a 5-User Family Pack
- We may show some Real-Use Examples at a future meeting

Bento 3: What, Why... ??

- What does it do?
- How much does it cost?
- Can it do anything for me?
- How to get data in?
- How to get data out?

Information Management Software

- "Mac Information Managers are like PC Games"
- "Need to incorporate tool into everyday work flow for the tool to become effective and useful"
- Bento is one tool, there are lots more
- It's a personal choice, so take a look, then decide
- There will be more to say about Information Management at future meetings

Bento is a DataBase Application

- What's a DataBase?
  - A collection of "Like" information with underlying attributes
  - For example:
    - Address Book
    - Calendar
    - iPhoto Library
    - LP Record Collection

Role of a DataBase

- Store data
- Identify Data
  - A Spreadsheet, for example
    - Columns are called “fields”
    - Rows are called “records”

Bento was designed for Mac OS X

- Easy to use DataBase that manages Contacts, Tasks and ther forms of important data
- You can create data relationships and view data in more ways than in a Spreadsheet
- You bring data into one place to be better organized
- Uses features like those used in Address Book, iCal, Keynote or iPhoto

Tight Connection between Address Book and Address Book Library

- A Change to one Changes the other
  - Contacts
  - Groups
- Use the “Do No Harm”philosophy
- “Think before you Click”

The Home Panel

User Interface

* Main window is broken into ***three*** main sections

1. ***Libraries***, the source list
    - With collections
2. ***Fields*** for information or attributes
3. ***Records*** Area
    - One Table View
    - Multiple Form Views

Create a Field

1 Choose a field type

Related Data

Time
Date
Duration
Calculation
Currency
Automatic Counter
Rating
Encrypted

Use a text field to store anything you type.

By default, the field shows one line of text on a form. Resize the field to show more lines.

As you type, the field can automatically complete the text using values you entered in other records.

2 Name the field

Give the field a name that describes its contents. Please enter a unique name.

3 Set options

Automatically complete text while typing

Create and Continue | Close | Create

Create a Field

1 Name the field

Age

The library already has a field with this name. Please enter a unique name.

2 Specify Calculation

Available fields

Field	Type
Age	Calculation
Birthday	Date
Bobs Bday	Date
Cell Phone	Phone Num...
Company	Text
Date Created	Date
Date Modified	Date
Department	Text

Insert ➡ | + | - | ( ) | * | / | " " | Today | Now | Value...

Calculation

(Today - Birthday) / (60 * 60 * 24 * 365.25)

3 Set options

Results in: Number

68

☑ Display thousands separator

Display decimal places: 0

☑ Highlight negative numbers

Format: -123

Alignment: Left

? Show Examples | Back | Close | Create

Bento Address Book Fields That Update the Address Book Application

The following fields in the Address Book library update information in the Address Book application.

Address: Home, Work, Other	IM account: Home, Work, Other	Phone number list
Address list	IM account list	Phonetic first name
Birthday	Is Company	Phonetic last name
Company name	Job title	Phonetic middle name
Department	Last name	Prefix
Email address: Home, Work, Other	Maiden name	Suffix
Email address list	Middle name	URL
First name	Nickname	URL list
Home page	Note	
	Phone number: Work, Home, Mobile, Main, Home fax, Work fax, Pager, Other	

Playing with iPhoto

Bento

iCal Events
iCal Tasks
iPhoto
Masher Challenge ...
Coventry Medieval...
Cove_MG_07
Last Import
Cove Eagle
Shuttle_Launch_S...
Panorama
Maggie_Pictures
Cove_MG_06
Dirty Dozen
RonLynn
Cove_Mardi_Gras_...
2007 Masher Chal...
Wayne's 67th B-Day
Cove_Mardi_Gras_06
Rocket_Launch
BTV Free Press
Coventry Medieval...
Aperture_Demo

Rocket_Launch

Search

Photo Details

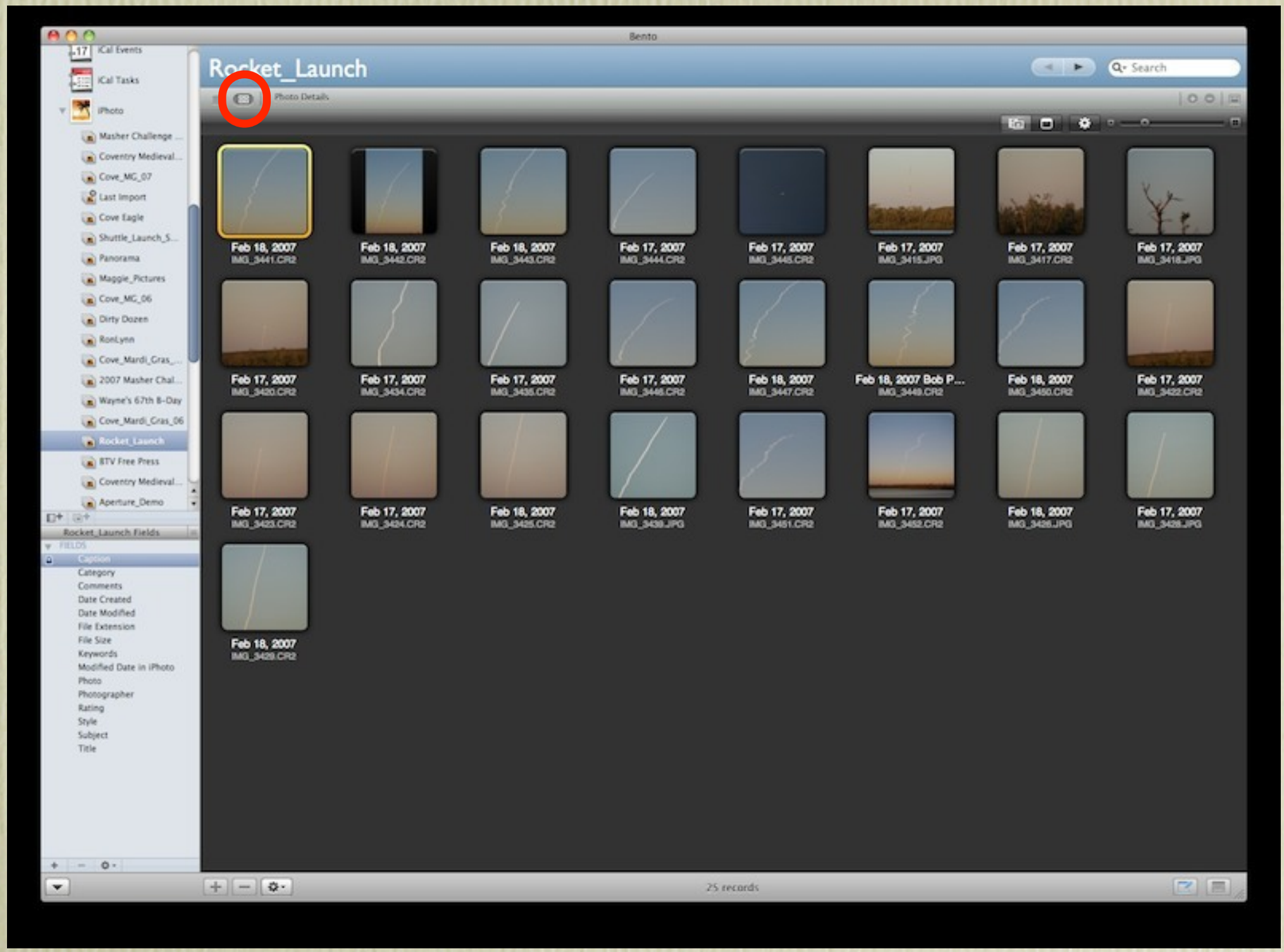
	Photo	Modified Date in i...	Photographer	Subject	Style	Category	Comments	Caption	New Field
1		Feb 18, 2007							
2		Feb 18, 2007							
3		Feb 18, 2007							
4		Feb 17, 2007							
5		Feb 17, 2007							
6		Feb 17, 2007							
7		Feb 17, 2007							
8		Feb 17, 2007							
9		Feb 17, 2007							
10		Feb 17, 2007							
11		Feb 17, 2007							
12		Feb 17, 2007							
13		Feb 18, 2007							
14		Feb 18, 2007	Bob Proctor	Rocket Launch					
15		Feb 18, 2007							
16		Feb 17, 2007							
17		Feb 17, 2007							
18		Feb 17, 2007							
19		Feb 18, 2007							
20		Feb 18, 2007							
21		Feb 17, 2007							
22		Feb 17, 2007							
23		Feb 18, 2007							
24		Feb 17, 2007							
25		Feb 18, 2007							

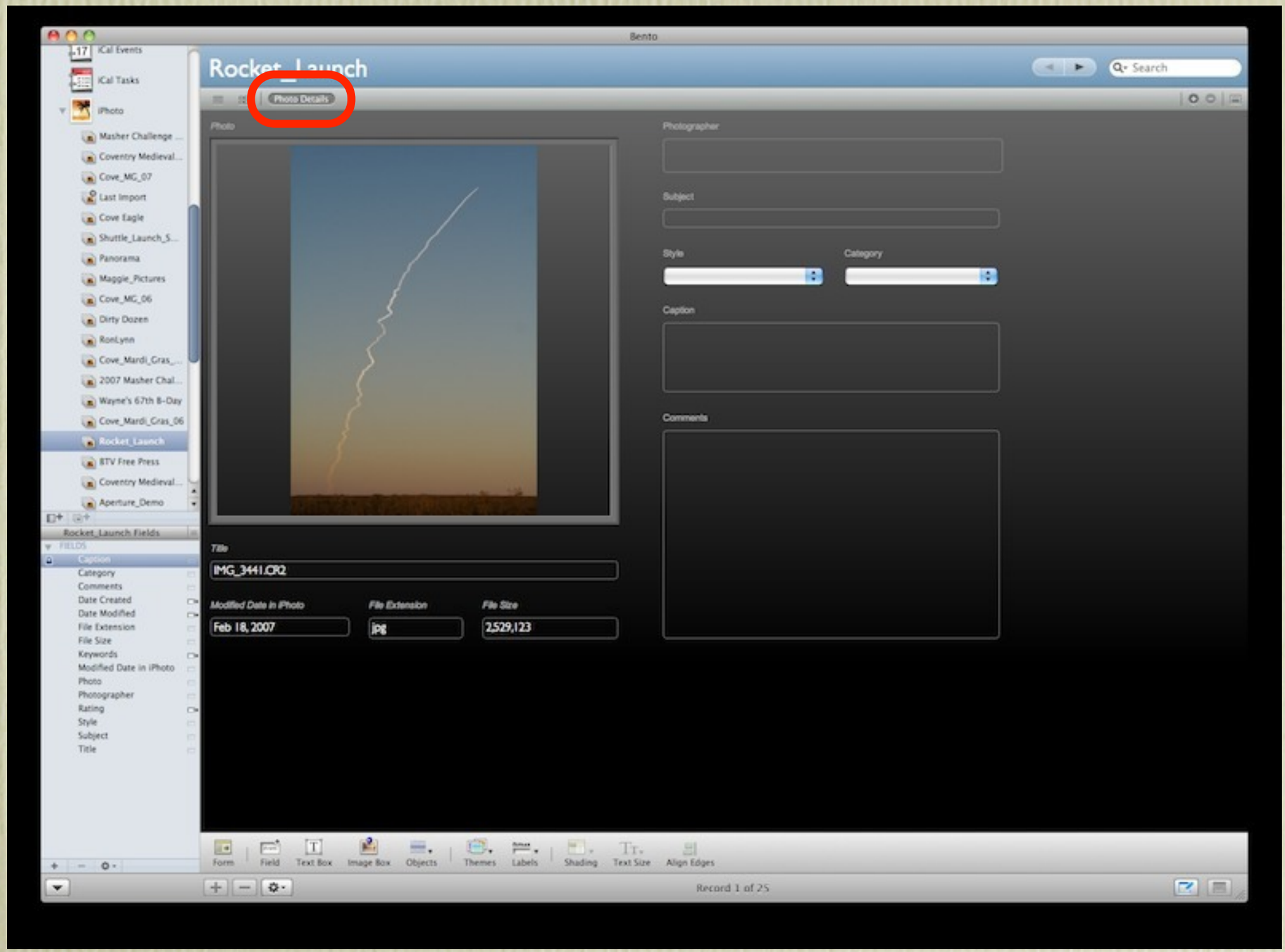
Rocket_Launch Fields

FIELDS

- Caption
- Category
- Comments
- Date Created
- Date Modified
- File Extension
- File Size
- Keywords
- Modified Date in iPhoto
- Photo
- Photographer
- Rating
- Style
- Subject
- Title

25 records


Bento
iCal Events
iCal Tasks
iPhoto
Masher Challenge ...
Coventry Medieval...
Cove_MG_07
Last Import
Cove Eagle
Shuttle_Launch_S...
Panorama
Maggie_Pictures
Cove_MG_06
Dirty Dozen
RonLynn
Cove_Mardi_Gras_...
2007 Masher Chal...
Wayne's 67th B-Day
Cove_Mardi_Gras_06
Rocket_Launch
BTV Free Press
Coventry Medieval...
Aperture_Demo
Rocket_Launch
Search
Photo Details
Feb 18, 2007 IMG_3441.CR2
Feb 18, 2007 IMG_3442.CR2
Feb 18, 2007 IMG_3443.CR2
Feb 17, 2007 IMG_3444.CR2
Feb 17, 2007 IMG_3445.CR2
Feb 17, 2007 IMG_3415.JPG
Feb 17, 2007 IMG_3417.CR2
Feb 17, 2007 IMG_3418.JPG
Feb 17, 2007 IMG_3420.CR2
Feb 17, 2007 IMG_3434.CR2
Feb 17, 2007 IMG_3435.CR2
Feb 17, 2007 IMG_3446.CR2
Feb 18, 2007 IMG_3447.CR2
Feb 18, 2007 Bob P... IMG_3449.CR2
Feb 18, 2007 IMG_3450.CR2
Feb 17, 2007 IMG_3422.CR2
Feb 17, 2007 IMG_3423.CR2
Feb 17, 2007 IMG_3424.CR2
Feb 18, 2007 IMG_3425.CR2
Feb 18, 2007 IMG_3438.JPG
Feb 17, 2007 IMG_3451.CR2
Feb 17, 2007 IMG_3452.CR2
Feb 18, 2007 IMG_3426.JPG
Feb 17, 2007 IMG_3428.JPG
Feb 18, 2007 IMG_3429.CR2
Rocket_Launch Fields
FIELDS
Caption
Category
Comments
Date Created
Date Modified
File Extension
File Size
Keywords
Modified Date in iPhoto
Photo
Photographer
Rating
Style
Subject
Title
25 records


Bento
iCal Events
iCal Tasks
iPhoto
Masher Challenge ...
Coventry Medieval...
Cove_MG_07
Last Import
Cove Eagle
Shuttle_Launch_S...
Panorama
Maggie_Pictures
Cove_MG_06
Dirty Dozen
RonLynn
Cove_Mardi_Gras_...
2007 Masher Chal...
Wayne's 67th B-Day
Cove_Mardi_Gras_06
Rocket_Launch
BTV Free Press
Coventry Medieval...
Aperture_Demo
Rocket_Launch Fields
FIELDS
Caption
Category
Comments
Date Created
Date Modified
File Extension
File Size
Keywords
Modified Date in iPhoto
Photo
Photographer
Rating
Style
Subject
Title
Rocket_Launch
Search
Photo Details
Photo
Photographer
Subject
Style
Category
Caption
Comments
Title
IMG_3441.CR2
Modified Date in iPhoto
Feb 18, 2007
File Extension
jpg
File Size
2,529,123
Form
Field
Text Box
Image Box
Objects
Themes
Labels
Shading
Text Size
Align Edges
Record 1 of 25

Planning a DataBase

- Beer Bottle Collection, for example

Bottle | Brewery | Style | Country | Picture

Date | Where | Info | Rating

Importing Data: “Getting Data In”

- Make New Library
- Update an Existing Library

1. Manual Input
2. From Spreadsheets
    - Use field matching tools
3. From Text Data (comma separated, etc.)

Sample CSV File
Actually, this one uses ‘semicolon’

BobsBeerBottles.csv

Last Saved: 2/4/10 7:27:08 PM
File Path: ~/data_B/Beer_New/BobsBeerBottles.csv

BobsBeerBottles.csv | (no symbol selected)

```
"Index";"Name";"Size";"Style";"Brewery";"Country";"Bottles";"Cans";"Tall";"Info";"PixURL"
"N0001";"Catamount Porter";"12 oz";"Porter";"Catamount Brewing";"USA-VT";"2";"0";"0";"Catamount Brewing is now owned
"N0002";"Catamount American Wheat";"12 oz";"Wheat Beer";"Catamount Brewing";"USA-VT";"1";"0";"0";"Catamount Brewing i
"N0003";"Catamount Amber";"12 oz";"Amber Ale";"Catamount Brewing";"USA-VT";"2";"0";"0";"Catamount Brewing is now owne
"N0004";"Catamount 8 Lives";"12 oz";"India Pale Ale";"Harpoon Brewery";"USA-VT";"1";"0";"0";"http://www.harpoonbrewer
"N0005";"Otter Creek StovePipe Porter";"12 oz";"Porter";"Otter Creek Brewing, INC.";"USA-VT";"2";"0";"0";"http://www.
"N0006";"Otter Creek Mud Bock Spring Ale";"12 oz";"Bock";"Otter Creek Brewing, INC.";"USA-VT";"1";"0";"0";"http://www
"N0007";"Harpoon IPA";"12 oz";"India Pale Ale";"Harpoon Brewery";"USA-VT";"2";"0";"0";"http://www.harpoonbrewery.com/
"N0008";"Saranac Adirondac Amber";"12 oz";"Amber Lager";"Matt Brewing Co.";"USA-NY";"1";"0";"0";"Utica, NY";"http://b
"N0009";"Saranac Black & Tan";"12 oz";"Stout & Lager";"Matt Brewing Co.";"USA-NY";"1";"0";"0";"Utica, NY";"http://bob
"N0010";"Saranac Pilsner";"12 oz";"Pilsner";"Matt Brewing Co.";"USA-NY";"1";"0";"0";"Utica, NY";"http://bobshomebrew.
"N0011";"Otter Creek Summer Wheat";"12 oz";"Wheat Beer";"Otter Creek Brewing, INC.";"USA-VT";"1";"0";"0";"Middlebury,
"N0012";"Magic Hat Fat Angel";"12 oz";"Pale Ale";"Magic Hat Brewing Company";"USA-VT";"1";"0";"0";"http://www.magicha
"N0013";"Magic Hat Bob's First";"12 oz";"Irish Red Ale";"Magic Hat Brewing Company";"USA-VT";"1";"0";"0";"http://www.
"N0014";"Magic Hat Blind Faith";"12 oz";"India Pale Ale";"Magic Hat Brewing Company";"USA-VT";"4";"0";"0";"http://www
"N0015";"Magic Hat Number 9 (1)";"12 oz";"Pale Ale";"Magic Hat Brewing Company";"USA-VT";"1";"0";"0";"http://www.magi
"N0016";"Long Trail Hibernator";"12 oz";"Winter Ale";"Long Trail Brewing Co.";"USA-VT";"1";"0";"0";"http://www.longtr
"N0017";"Long Trail Harvest";"12 oz";"Ale";"Long Trail Brewing Co.";"USA-VT";"1";"0";"0";"http://www.longtrail.com/ B
"N0018";"Long Trail Double Bag";"12 oz";"Ale";"Long Trail Brewing Co.";"USA-VT";"1";"0";"0";"http://www.longtrail.cor
"N0019";"Long Trail Ale";"12 oz";"India Pale Ale";"Long Trail Brewing Co.";"USA-VT";"1";"0";"0";"http://www.longtrail
"N0020";"Long Trail Kolsch";"12 oz";"Blonde Ale";"Long Trail Brewing Co.";"USA-VT";"1";"0";"0";"http://www.longtrail.
"N0021";"Saranac Scotch Ale";"12 oz";"Wee Heavy";"Matt Brewing Co.";"USA-NY";"1";"0";"0";"Utica";"http://bobshomebrew
"N0022";"Tom O'Brien's";"12 oz";"Stout";"Long Trail Brewing Co.";"USA-VT";"1";"0";"0";"http://www.longtrail.com/ Bric
"N0023";"North Country 10 Springs Ale";"12 oz";"Ale";"North Country";"USA-NY";"2";"0";"0";"Saratoga Springs (Bob Gold
"N0024";"North Country Fat Bear Stout";"12 oz";"Stout";"North Country";"USA-NY";"2";"0";"0";"Saratoga Springs, (Bob (
"N0025";"Trout River Rainbow Red Ale";"12 oz";"Red Ale";"Trout River Brewing Company";"USA-VT";"1";"0";"0";"No Info c
```

1 | 1 HTML | Western (Mac OS Roman) | Unix (LF)

Searching

- Normal Search
  - Same kind of search used in iTunes, for example
- Advanced Search
  - Matches any or all of the specified conditions

Collections

- Like Groups in Address Book
- Make new Collections from Search Results
- Make new Smart Collections with Advanced Search

Related Data

- Link data between Libraries
- iPhoto data related to Address Book
- iCal and Address Book data related to Projects
- Drag and Drop a selection from one Library to Another

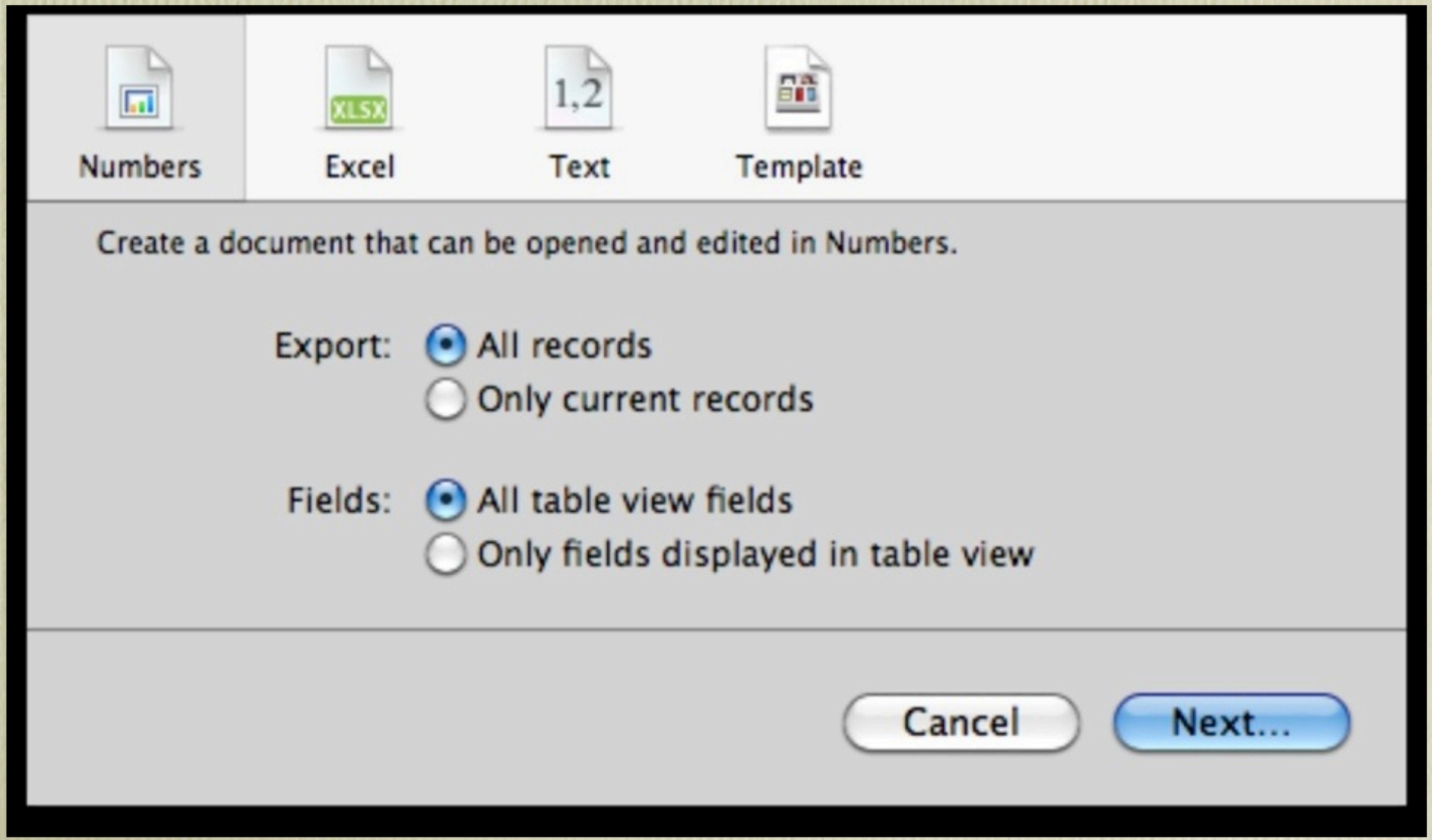
Templates

- 30 Built-In with Bento 3
- Filemaker Template Exchange on Filemaker Web Site has lots of Free Templates
- “Do-It-Yourself”

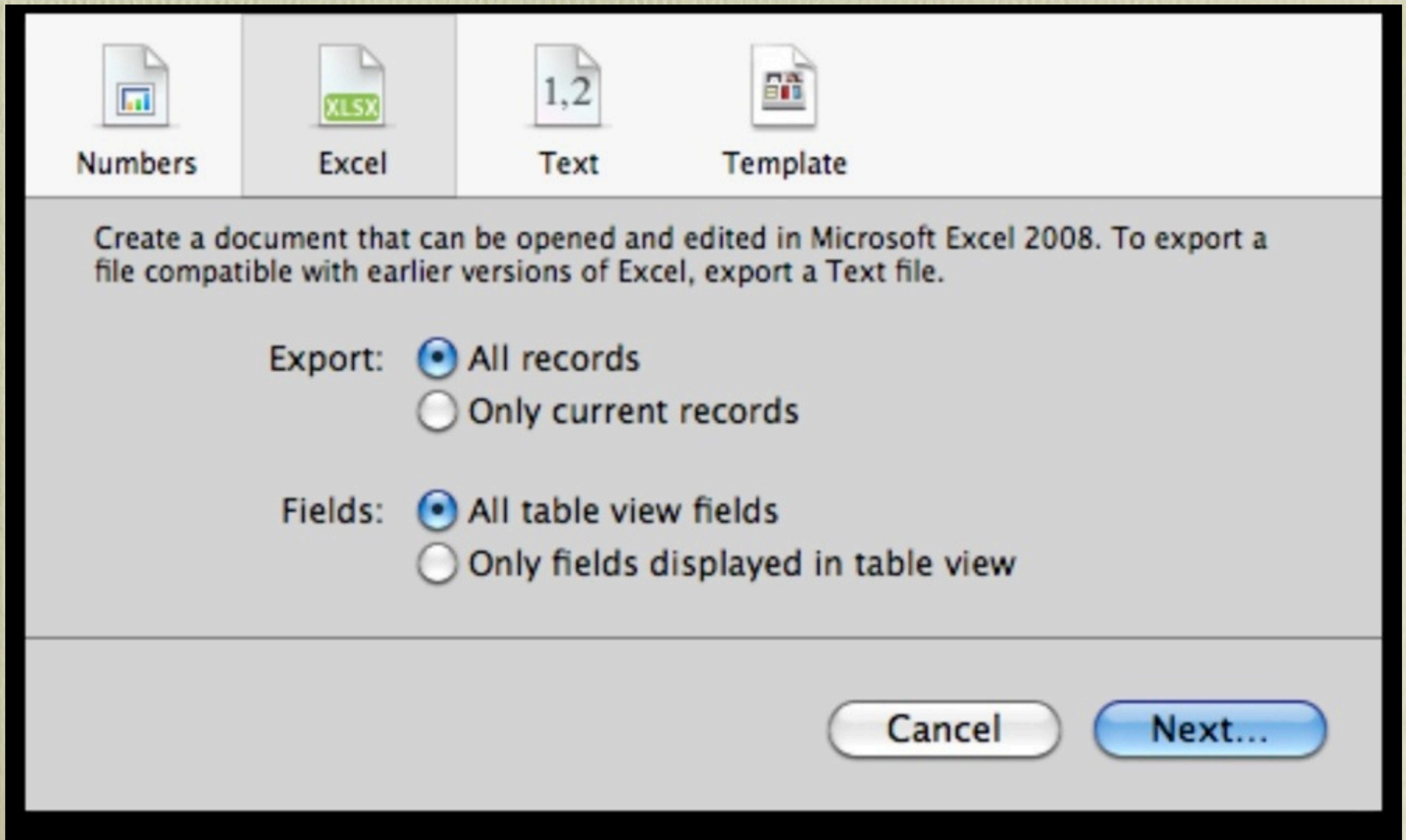
Example Use: iCal

- I Added a Shared Calendar: Phases of Moon
- Dates include all 8 Phases of the Moon...
  - New, Full,Waxing, First Quarter, Last Quarter, Disseminating...
- I only wanted Full Moon dates
- Sort to show every Moon Phase except Full
- Delete Selected Records

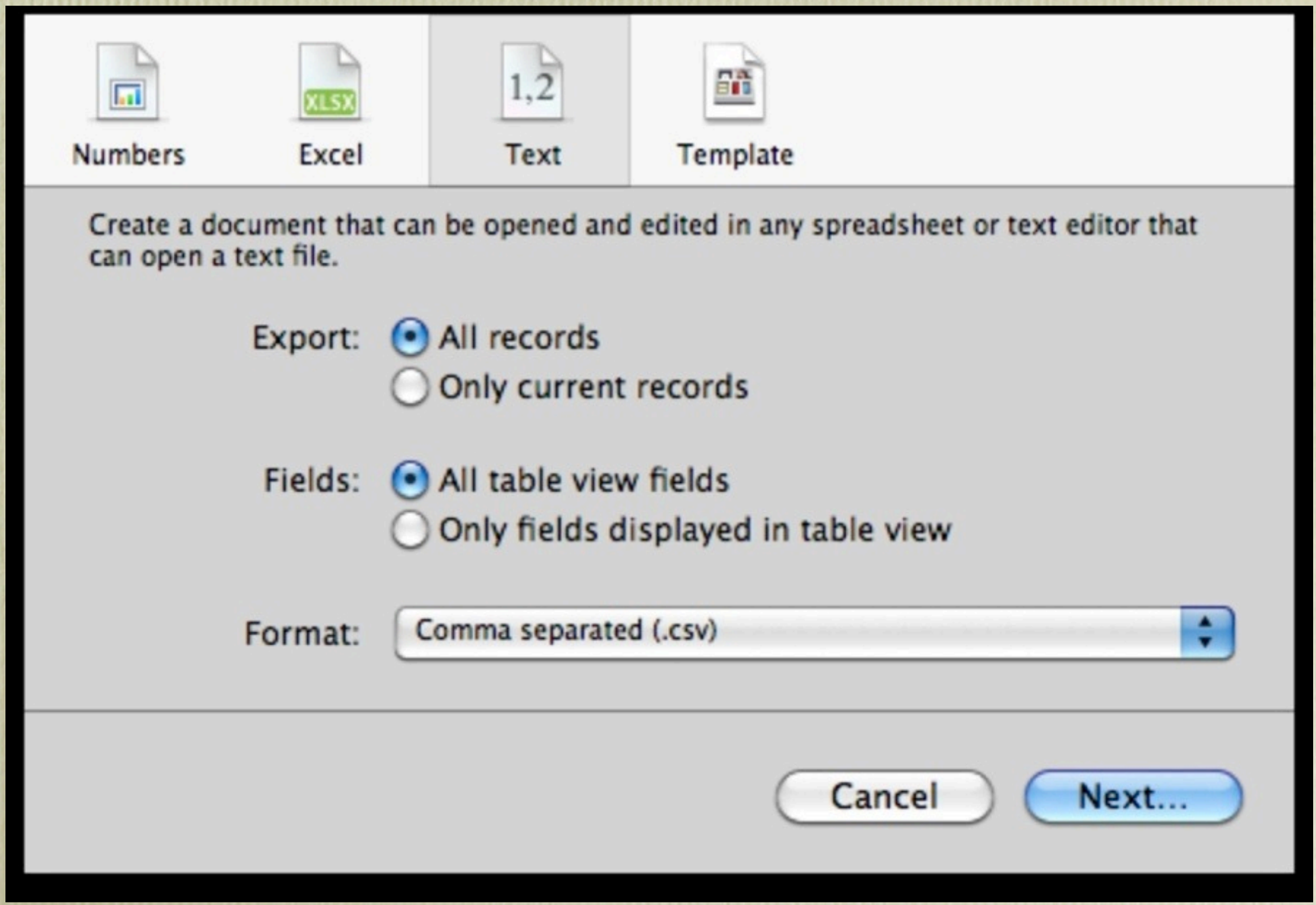
Data Out: Numbers



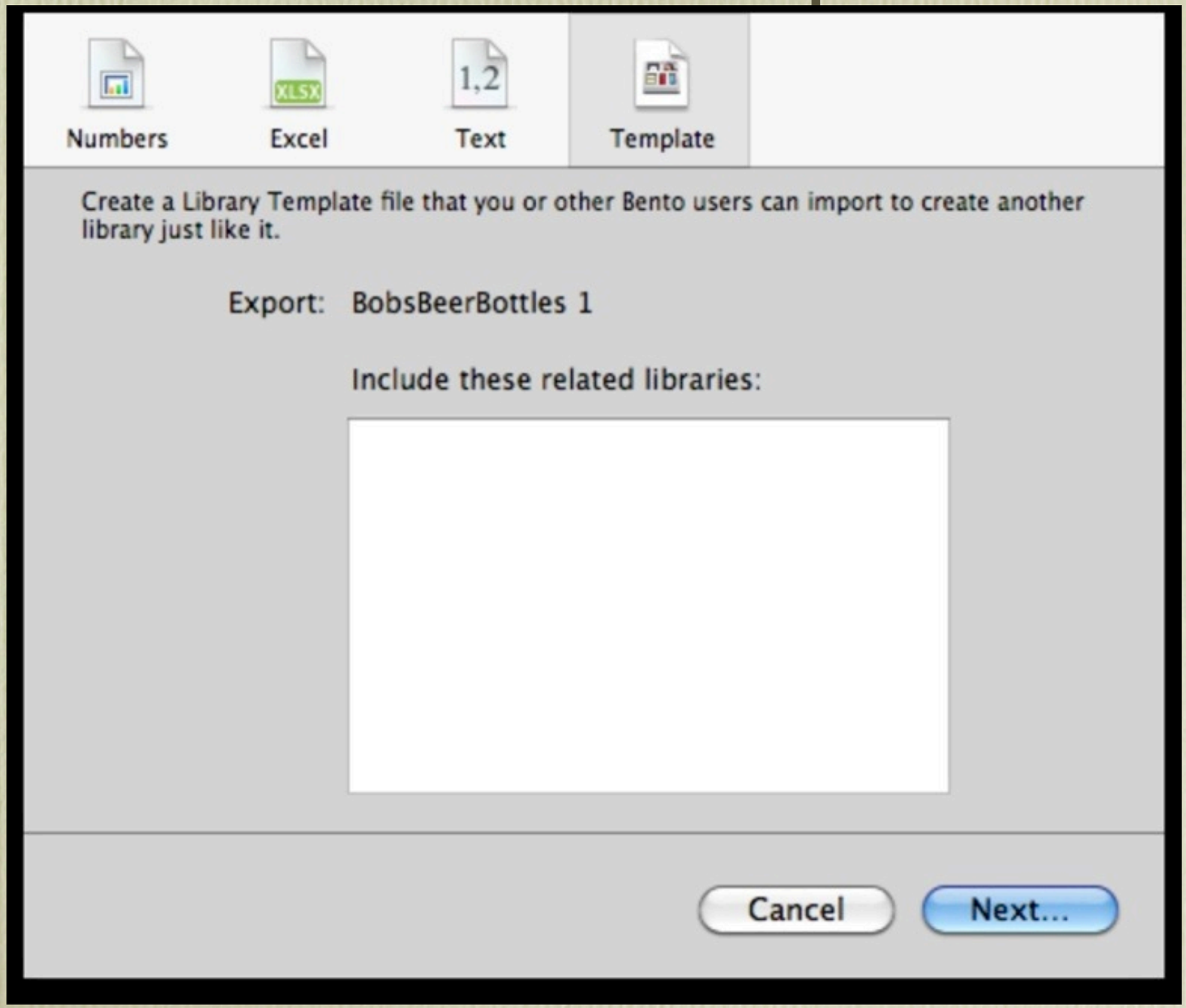
Data Out: Excel



Data Out: Text



Data Out: Template



The Cost

- Buy it at the Apple Store
- Buy it on Amazon.com
- Single User Version: ~$47
- Family Pack: ~$90
- Use the 30-Day Free Trial from apple.com

Conclusion

- Bento 3 is a Light Weight DataBase
  - So don't expect too much
  - Documentation says "You Can Do" all these things...
  - I tried to do some 'simple' stuff and couldn't do it
  - It does some things really good
  - Give it a try!

THE $39 APPLE TABLET

WACOM BAMBOO FUN PEN TABLET

- $39 refurb on closeout from MacMall
- Intelligent pressure-sensitive pen graphics tablet
- 2,540 lines-per-inch resolution, +/- 0.5mm resolution
- 133 samples/second data rate, USB 2.0 connection
- Bundled with Adobe Photoshop Elements 6, Corel Painter Essentials 4, Nik Color Efx Pro 3 ($200 software value)

Deal of the Day!

Now only ~~$99.99~~
$39.99

Bamboo Fun Small Pen Tablet Silver - Refurbished

Save $60 or 60%

Edit photos, paint, draw & write. Includes a battery free pen & mouse plus valuable software.

MacMall Part#: 8007237
Mfr Part#: CTE450S-R

BUY NOW!

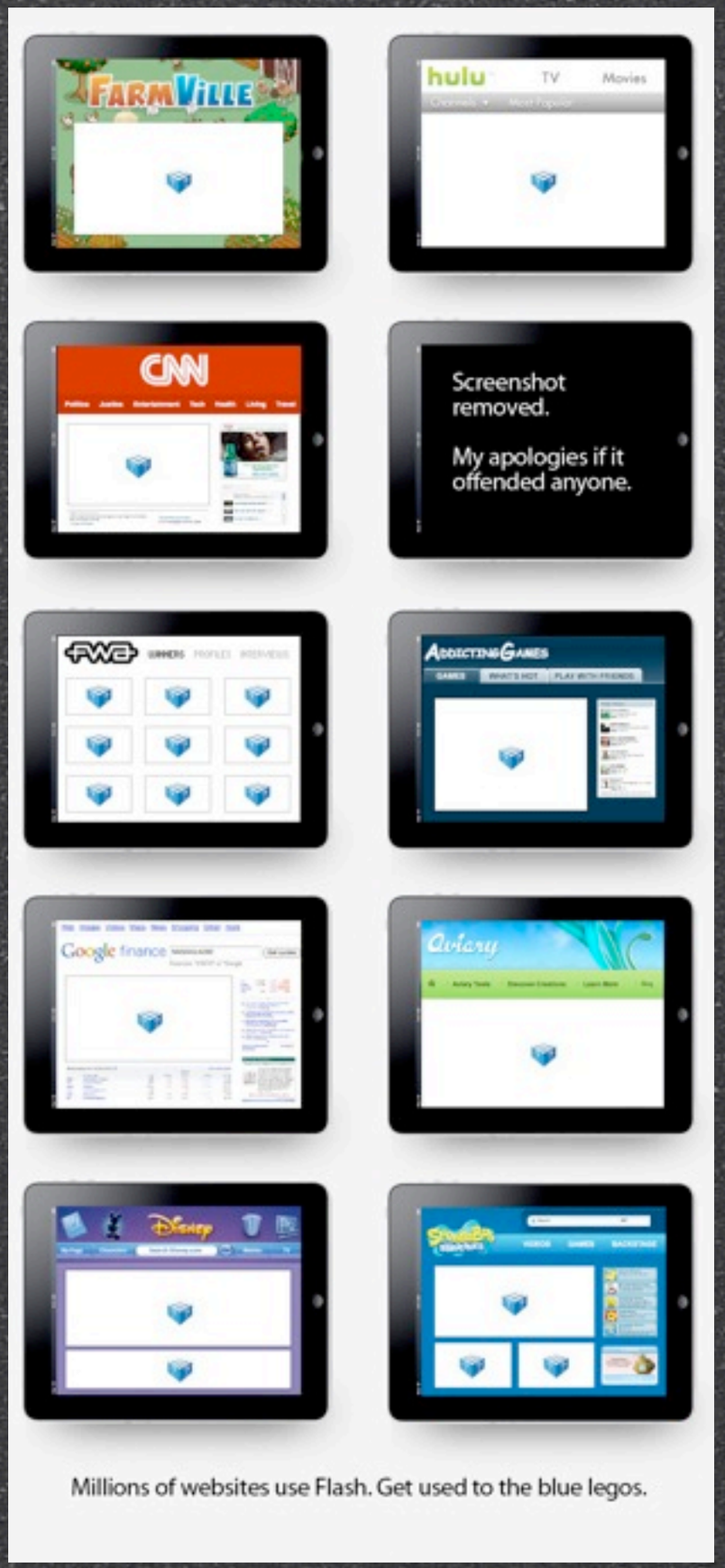
DEMO

The Flap over Flash on the iPad

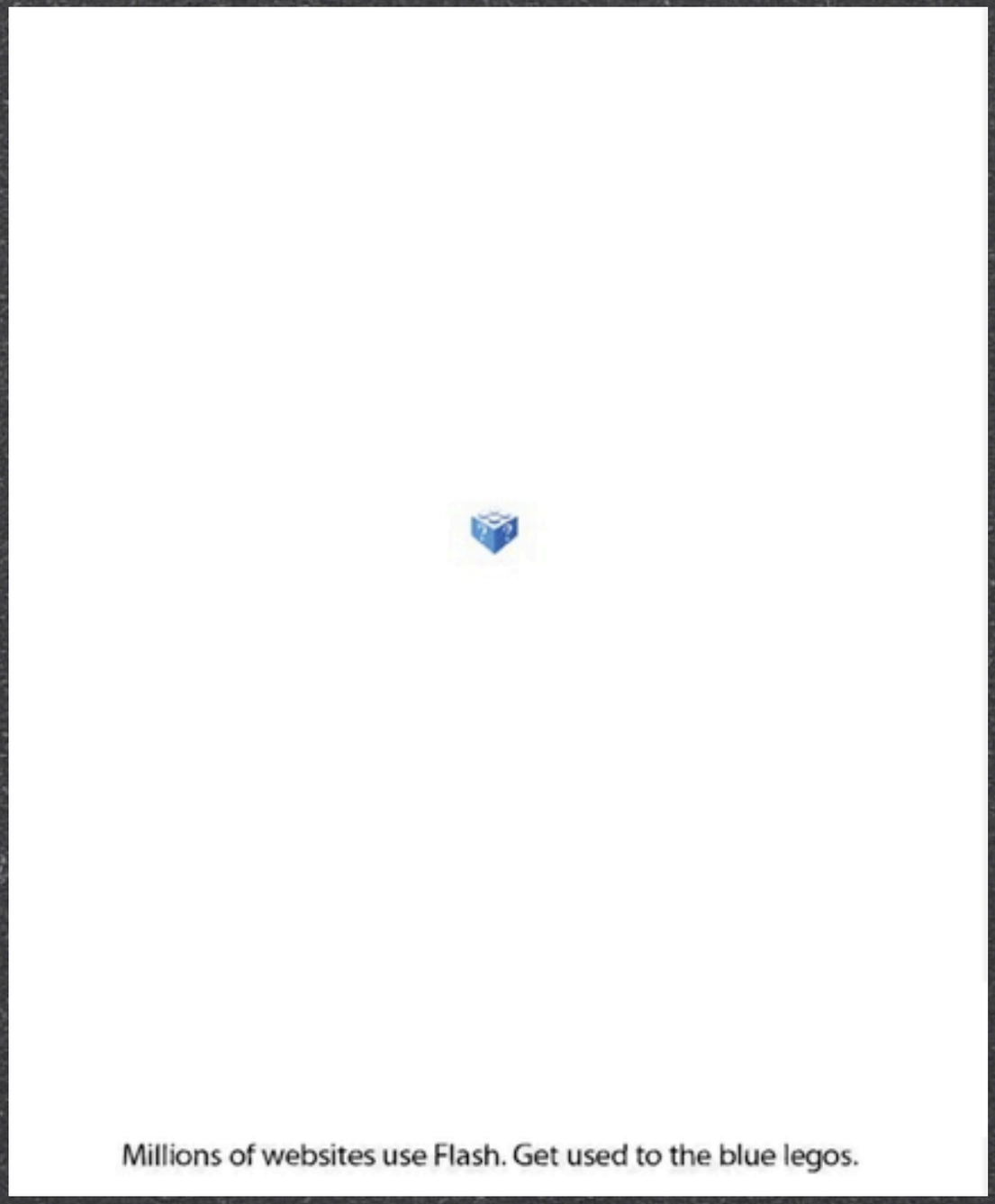
Much ado about nothing

theflashblog.com 1/28/10

The iPad provides the ultimate browsing experience?



Wow. That's a pretty damning demo. Which would have looked like ***this*** if it had been rendered in Flash instead of ***a JPEG***:



kungfugrippe.com
1/29/10

(A criticism of iPad's non-rendering of Flash, which itself was not rendered in Flash.)

http://theflashblog.com/?p=1703

You Had a Point

But it wasn't as large as you thought.

iPad does not support Flash

- iPod Touch/iPhone do not support Flash, either
- Nevertheless, 100,000,000 units sold in 30 months
- If no Flash on iPhone is such a deal-breaker, why isn’t everyone screaming about it?

Flash on iPad is a non-issue because...

- 140,000 native iPhone/iPod Touch apps will all run as-is on iPad
- iPad SDK & Simulator released 1/27/10
- Mobile-optimized Web pages with graceful fail-over to non-Flash
- Rapid adoption of non-Flash coding

NYT Home Page on Desktop Safari

The New York Times – Breaking News, World News & Multimedia

Welcome to TimesPeople
Get Started

TimesPeople recommended: **America Is Not Yet Lost** 2:55 PM Recommend

Home Page | Today's Paper | Video | Most Popular | Times Topics | Most Recent | Get Home Delivery | Welcome, sullivanmike | Log Out | Help

PROx
Intensive Wrinkle Protocol

The New York Times

Monday, February 8, 2010 Last Update: 2:33 PM ET

NEW OLAY PROFESSIONAL
save $10

Search

THE LAST STATION NOW PLAYING

Try the New Times Skimmer | Get Home Delivery | New York Sunny 35°F

Switch to Global Edition

JOBS
REAL ESTATE
AUTOS
ALL CLASSIFIEDS

WORLD
U.S.
POLITICS
N.Y./REGION
BUSINESS
TECHNOLOGY
SPORTS
OLYMPICS
SCIENCE
HEALTH
OPINION
ARTS
Books
Movies
Music
Television
Theater
STYLE
Dining & Wine
Fashion & Style
Home & Garden
Weddings/ Celebrations
TRAVEL

Iran's Nuclear Move Prompts New Calls for Sanctions

By ALAN COWELL and THOM SHANKER 12:07 PM ET

After Iran notified the U.N. nuclear agency of plans to enrich its uranium, officials from the U.S., France and Russia called for stronger measures against Tehran.

Post a Comment | Read (139)

All Workers Accounted For in Connecticut Blast

By ROBERT D. McFADDEN and JAMES BARRON 14 minutes ago

No one else was believed to be buried in the rubble of a power plant that exploded Sunday, leaving the death toll at five, the mayor said.

Joseph Sywenkyj for The New York Times

Yanukovich Is Likely Winner in Ukraine

By CLIFFORD J. LEVY 6 minutes ago

Nearly complete poll results showed the opposition leader Viktor F. Yanukovich, whose supporters are seen above, to be the winner of Ukraine's presidential election.

· Post a Comment

Super Bowl XLIV

After the Parade, Saints Face Many Decisions

By JUDY BATTISTA 11:56 AM ET

The Super Bowl champion Saints have 29 free agents — 11 of them unrestricted — heading into next season.

OPINION »

ROSS DOUTHAT
The Dream of Zero
Linking a nonproliferation agenda to the dream of universal nuclear abolition, as the president has done, is a naïve approach to a difficult problem.

- Krugman: America's Not Lost Yet | Comments (556)
- Editorial: Abstinence Education
- Op-Ed: 'Twilight' Tribe
- Strogatz: Rock Groups
- Freakonomics: Food Packaging

TRAVEL »

A 400th Anniversary

Santa Fe, a traditional adobe town in New Mexico, is new again.

Lush Guyana

A remote spot with stunning scenery and abundant wildlife.

The New York Times Style Magazine

MARKETS » At 2:55 PM ET

S.&P. 500	Dow	Nasdaq
1,064.96	9,978.22	2,140.81
–1.23	–34.01	–0.31
–0.12%	–0.34%	–0.01%

GET QUOTES My Portfolios »

Stock, ETFs, Funds Go

NYT Home Page on Mobile Safari/iPhone

NYT Tech Page on Desktop Safari

Technology News – The New York Times

Welcome to TimesPeople
Get Started

TimesPeople recommended: **America Is Not Yet Lost** 2:54 PM Recommend

HOME PAGE | TODAY'S PAPER | VIDEO | MOST POPULAR | TIMES TOPICS

Get Home Delivery | Welcome, sullivanmike | Log Out | Help

The New York Times
Monday, February 8, 2010

Technology

Search All NYTimes.com Go

WORLD | U.S. | N.Y. / REGION | BUSINESS | TECHNOLOGY | SCIENCE | HEALTH | SPORTS | OPINION | ARTS | STYLE | TRAVEL | JOBS | REAL ESTATE | AUTOS

Search Technology Go

Inside Technology
Internet | Start-Ups | Business Computing | Companies

Bits Blog »

Personal Tech »
Digital Cameras | Cellphones | ALL PRODUCTS

SEE HOW SAP CAN HELP YOU BRING CLARITY TO YOUR BUSINESS
GET CLEAR
SAP

Top Technology News

The Fight Over Who Sets Prices at the Online Mall

By BRAD STONE

Major brands and manufacturers — and now, book publishers — are deploying new tactics and tools to control how their products are presented and priced online.

China Announces Arrests in Hacking Crackdown

By KEITH BRADSHER 12:00 PM ET

Police officers also seized money and equipment worth hundreds of thousands of dollars during the crackdown, which occurred in November, state media reported over the past two days.

MEDIA TALK

Kindle Books in Snack Sizes

By MOTOKO RICH

FT Press is selling stripped-down, 1,000- to 2,000-word versions of books, for $1.99, and a new series of essays of about 5,000 words, for $2.99.

In Secret, Nations Work Toward Crackdown on Piracy

By ERIC PFANNER 6:14 AM ET

Negotiators, under intense pressure from media companies, luxury

Pogue's Posts

The latest in technology from David Pogue.

Go to Blog »

Multimedia

Tech Talk Podcast

NYTIMES.COM TECH TALK

Nick Bilton on corralling all that Web content; the tech term "content aggregator;" upgrading from a 32-bit to a 64-bit OS; and new calls for the demise of Internet Explorer 6.

- **Subscribe:** iTunes | Other Software
- Links Mentioned in the Podcast

Listen to the Podcast 22:26

Latest in Personal Tech »

STATE OF THE ART

Best Cameras for $300 or Less

The Pluses, and Oddities, of 3-D TV

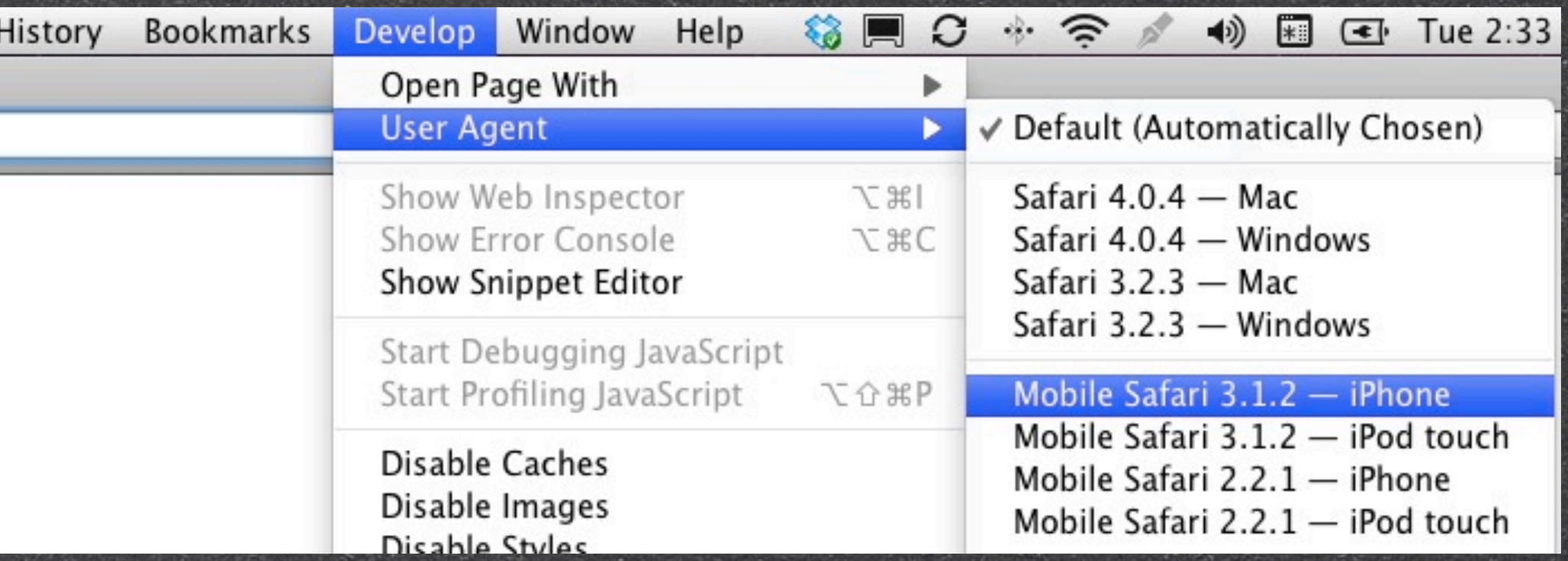
Gadgetwise »

- More on Online Language Learning
- Super Bowl XLIV Apps to Load Before Kickoff
- For iPhone Users, TV Over 3G

SEE HOW SAP CAN HELP YOU RUN A MORE EFFICIENT OPERATION

NYT Tech Page on Mobile Safari/iPhone

Safari's Browser Emulator Mode



Why Flash is not right for iPad

- Flash is crashy
- Flash is a cycle hog
- Flash delivers a poor user experience
- Flash requires 3rd-party dependencies
- Flash can’t do anything that can’t be done by better coding

Flash is crashy

Problem Report for Flash Player (Safari Internet plug-in)

Flash Player (Safari Internet plug-in) quit unexpectedly.

This report will be sent to Apple automatically.

▼ Comments

Problem Details and System Configuration

```
Process:         WebKitPluginHost [250]
Path:            /System/Library/Frameworks/WebKit.framework/
WebKitPluginHost.app/Contents/MacOS/WebKitPluginHost
Identifier:      com.apple.WebKit.PluginHost
Version:         6531.21 (6531.21.1)
Build Info:      WebKitPluginHost-65312101~1
Code Type:       X86 (Native)
Parent Process:  WebKitPluginAgent [249]

PlugIn Path:       /Library/Internet Plug-Ins/Flash Player.plugin/
Contents/MacOS/Flash Player
PlugIn Identifier: com.macromedia.Flash Player.plugin
PlugIn Version:    10.0.42 (1.0.4f348472)

Date/Time:       2010-02-03 17:11:52.052 -0500
OS Version:      Mac OS X 10.6.2 (10C540)
Report Version:  6
```

? Hide Details OK

WebKitPluginHost_2010-02-03-171156_Mikes-iMac.crash

Hide Log List | Move to Trash | Clear Display | Insert Marker | Reload | Filter: Flash

- DATABASE SEARCHES
  - All Messages
  - Console Messages
- DIAGNOSTIC INFORMATION
  - Diagnostic Messages
  - User Diagnostic Reports
    - TabletDriver_2010-02-...
    - WebKitPluginHost_201...
    - WebKitPluginHost_201...
  - System Diagnostic Reports
- FILES
  - system.log
  - ~/Library/Logs
  - /Library/Logs
    - Adobe
    - AppleFileService
    - CrashReporter
    - DiagnosticReports
    - DirectoryService
    - GoogleSoftwareUpdate...
    - LKDC-setup.log
  - /private/var/log
    - alf.log
    - apache2
    - CDIS.custom
    - cups
      - access_log
      - error_log

```
PlugIn Path:       /Library/Internet Plug-Ins/Flash Player.plugin/Contents/MacOS/Flash Player
PlugIn Identifier: com.macromedia.Flash Player.plugin
0   ...romedia.Flash Player.plugin                0x1274cd90 0x126bb000 + 597392
1   ...romedia.Flash Player.plugin                0x12741297 0x126bb000 + 549527
2   ...romedia.Flash Player.plugin                0x129b219a FlashPlayer_10_0_42_34_FlashPlayer + 42682
3   ...romedia.Flash Player.plugin                0x129b23e8 FlashPlayer_10_0_42_34_FlashPlayer + 43272
4   ...romedia.Flash Player.plugin                0x129b297b FlashPlayer_10_0_42_34_FlashPlayer + 44699
5   ...romedia.Flash Player.plugin                0x1298d2f0 0x126bb000 + 2958064
6   ...romedia.Flash Player.plugin                0x127e296e 0x126bb000 + 1210734
7   ...romedia.Flash Player.plugin                0x127e4315 0x126bb000 + 1217301
8   ...romedia.Flash Player.plugin                0x127e5e2c 0x126bb000 + 1224236
9   ...romedia.Flash Player.plugin                0x127eb3a5 0x126bb000 + 1246117
10  ...romedia.Flash Player.plugin                0x1286715b 0x126bb000 + 1753435
11  ...romedia.Flash Player.plugin                0x127d412a 0x126bb000 + 1151274
12  ...romedia.Flash Player.plugin                0x128692ae 0x126bb000 + 1761966
13  ...romedia.Flash Player.plugin                0x127d014d 0x126bb000 + 1134925
14  ...romedia.Flash Player.plugin                0x12879c54 0x126bb000 + 1829972
15  ...romedia.Flash Player.plugin                0x1287ac4d 0x126bb000 + 1834061
16  ...romedia.Flash Player.plugin                0x1287c604 0x126bb000 + 1840644
17  ...romedia.Flash Player.plugin                0x12a4fbda FlashPlayer_10_0_42_34_FlashPlayer + 688378
18  ...romedia.Flash Player.plugin                0x129a7d22 FlashPlayer_10_0_42_34_FlashPlayer + 578
2   ...romedia.Flash Player.plugin                0x12bc2bc4 FlashPlayer_10_0_42_34_FlashPlayer + 2207972
3   ...romedia.Flash Player.plugin                0x1299944f 0x126bb000 + 3007567
4   ...romedia.Flash Player.plugin                0x129b2ccf FlashPlayer_10_0_42_34_FlashPlayer + 45551
5   ...romedia.Flash Player.plugin                0x129998ff 0x126bb000 + 3008767
3   ...romedia.Flash Player.plugin                0x1299944f 0x126bb000 + 3007567
4   ...romedia.Flash Player.plugin                0x129b2ccf FlashPlayer_10_0_42_34_FlashPlayer + 45551
5   ...romedia.Flash Player.plugin                0x129998ff 0x126bb000 + 3008767
3   ...romedia.Flash Player.plugin                0x12999381 0x126bb000 + 3007361
4   ...romedia.Flash Player.plugin                0x129ee94b FlashPlayer_10_0_42_34_FlashPlayer + 290411
5   ...romedia.Flash Player.plugin                0x129998ff 0x126bb000 + 3008767
3   ...romedia.Flash Player.plugin                0x1299944f 0x126bb000 + 3007567
4   ...romedia.Flash Player.plugin                0x128bc078 0x126bb000 + 2101368
5   ...romedia.Flash Player.plugin                0x129998ff 0x126bb000 + 3008767
0x126bb000 - 0x12cf5ffb +com.macromedia.Flash Player.plugin 10.0.42 (1.0.4f348472) <266780DB-53C4-AAC8-30AF-
F69306C5C030> /Library/Internet Plug-Ins/Flash Player.plugin/Contents/MacOS/Flash Player
```

Size: 30 KB

Flash is a cycle hog

Activity Monitor

Quit Process | Inspect | Sample Process | Show: My Processes | Filter

PID	Process Name	% CPU	Threads	Real Mem	Kind
273	Safari	16.3	24	177.6 MB	Intel (64 bit)
90	Finder	3.4	10	35.5 MB	Intel (64 bit)
89	SystemUIServer	1.6	3	14.4 MB	Intel (64 bit)
473	Activity Monitor	0.7	2	15.3 MB	Intel (64 bit)
251	mdworker	0.4	3	23.9 MB	Intel (64 bit)
176	Dropbox	0.3	15	40.7 MB	Intel
145	WeatherDock	0.2	5	27.1 MB	Intel
358	iTunes	0.1	15	76.5 MB	Intel
452	Keynote	0.0	8	119.7 MB	Intel
139	GrowlHelperApp	0.0	3	15.1 MB	Intel (64 bit)
267	Mail	0.0	8	90.4 MB	Intel (64 bit)

CPU | System Memory | Disk Activity | Disk Usage | Network

% User: 10.75

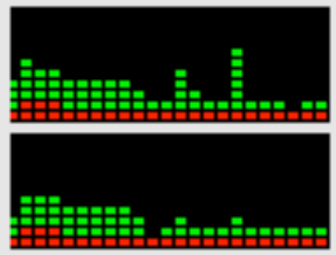
% System: 5.25

% Idle: 84.00

Threads: 338

Processes: 74

CPU Usage



Activity Monitor

Quit Process | Inspect | Sample Process | Show: My Processes | Filter

PID	Process Name	% CPU	Threads	Real Mem	Kind
477	Flash Player (Safari Internet plug-in)	32.4	10	30.2 MB	Intel
273	Safari	17.3	10	182.5 MB	Intel (64 bit)
90	Finder	3.8	9	35.4 MB	Intel (64 bit)
89	SystemUIServer	1.6	3	14.4 MB	Intel (64 bit)
473	Activity Monitor	0.7	2	14.9 MB	Intel (64 bit)
176	Dropbox	0.3	15	40.7 MB	Intel
145	WeatherDock	0.1	5	27.1 MB	Intel
358	iTunes	0.1	15	76.5 MB	Intel
251	mdworker	0.0	3	24.0 MB	Intel (64 bit)
452	Keynote	0.0	8	119.7 MB	Intel
139	GrowlHelperApp	0.0	3	15.1 MB	Intel (64 bit)

CPU | System Memory | Disk Activity | Disk Usage | Network

% User: 24.06
% System: 10.03
% Idle: 65.92

Threads: 332
Processes: 74

CPU Usage

But doesn't Apple.com use Flash?

Demo

SOFTWARE FIND OF THE WEEK

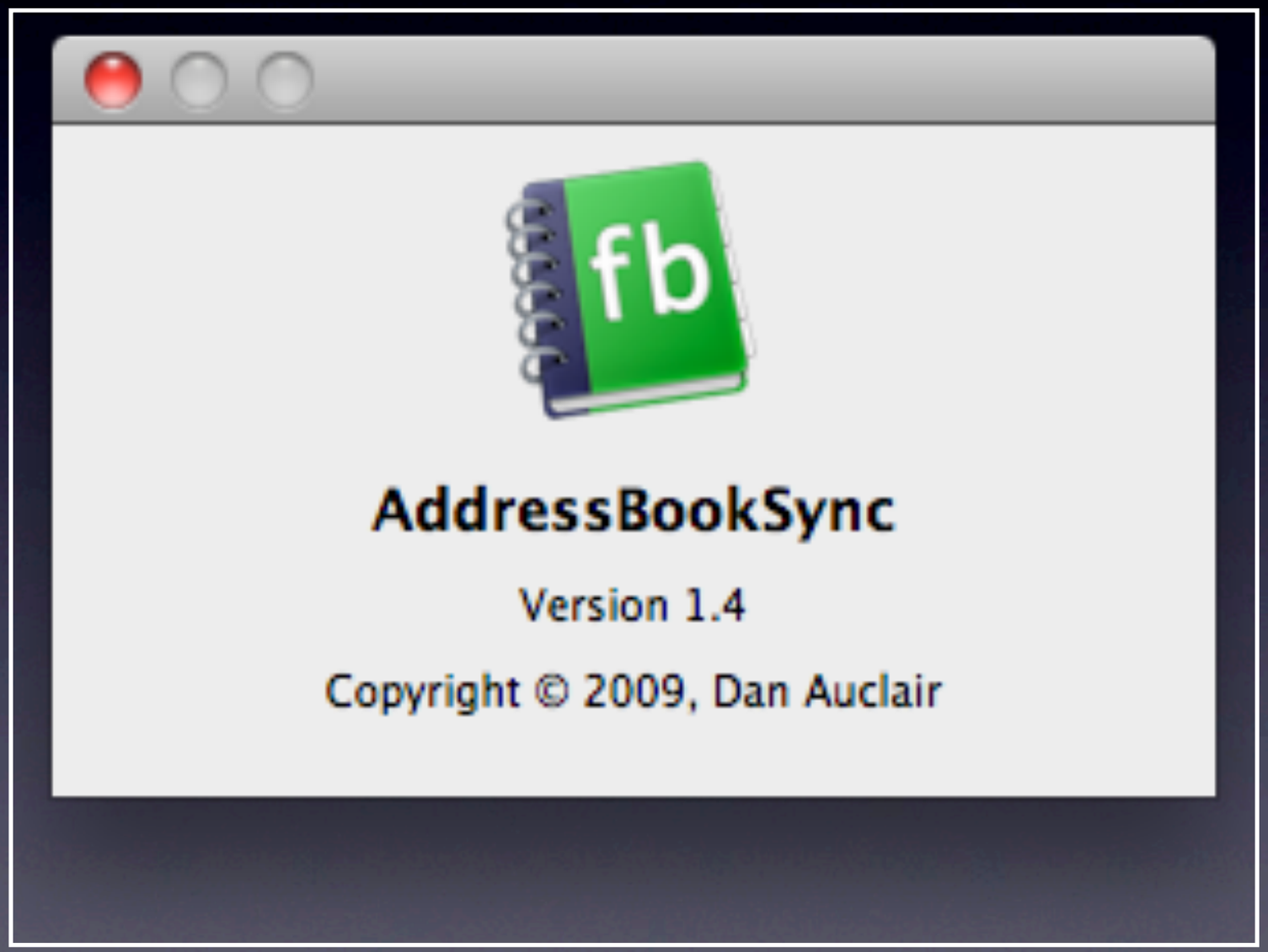
Syncs FaceBook to Mac Address Book

- FaceBook Pictures to Address Book
- FaceBook Birthdays to Address Book

Do You FaceBook?

- 400 Million people do!
- It's 6 years old now!

http://danauclair.com/addressbooksync/



Web Page

AddressBookSync | Facebook Picture Synchronization with OS X Address Book

http://danauclair.com/addressbooksync/

Address Book ▾ Yahoo! Apple ▾ Amazon eBay News ▾

Kissimmee, ... | Facebook | E... | Woodsbys R... | Welcome to ... | Apple – Dow... | Top Sites | AddressBoo...

AddressBookSync

AddressBookSync is a free Mac OS X application to download profile pictures and other Facebook data to Address Book cards. This is a handy tool to keep your contacts' pictures updated if you have numerous Facebook friends in your Mac OS X Address Book.

If your phone supports synchronization with Address Book your contacts' profile pictures show up when they call you. AddressBookSync will also attempt to synchronize birthday (nice for iCal b-day calendar) and current location information to Address Book.

AddressBookSync supports the automatic matching of many common short/alternate first names between Facebook and Address Book (i.e. Michael and Mike, William and Bill, Jessica and Jess). **AddressBookSync** also supports the manual matching of any Facebook/Address Book pair, as well as the ability to add a new contact to Address Book from Facebook data.

AddressBookSync does not and will not support the synchronization of phone numbers or email addresses as Facebook does not allow this by their Terms of Service.

Download AddressBookSync 1.4

Mac Universal

Mac OS X 10.4+

AddressBookSync version 1.4 updates to use version 0.8.3 of the MKAbeFook framework which fixes some Snow Leopard compatibility issues.

Resolve Contact Info

- Double Click to select
- Select Contact for selected picture
- Update Address Book

Cool Stuff...

- See picture of sender on InComing Mail
- See Face on iPhone
- See Face in Address Book
- Click on FaceBook link in Address Book

That's All Folks!

COVE APPLE CLUB

February 9th, 2010